

**Seven Foundational
Practices for the**

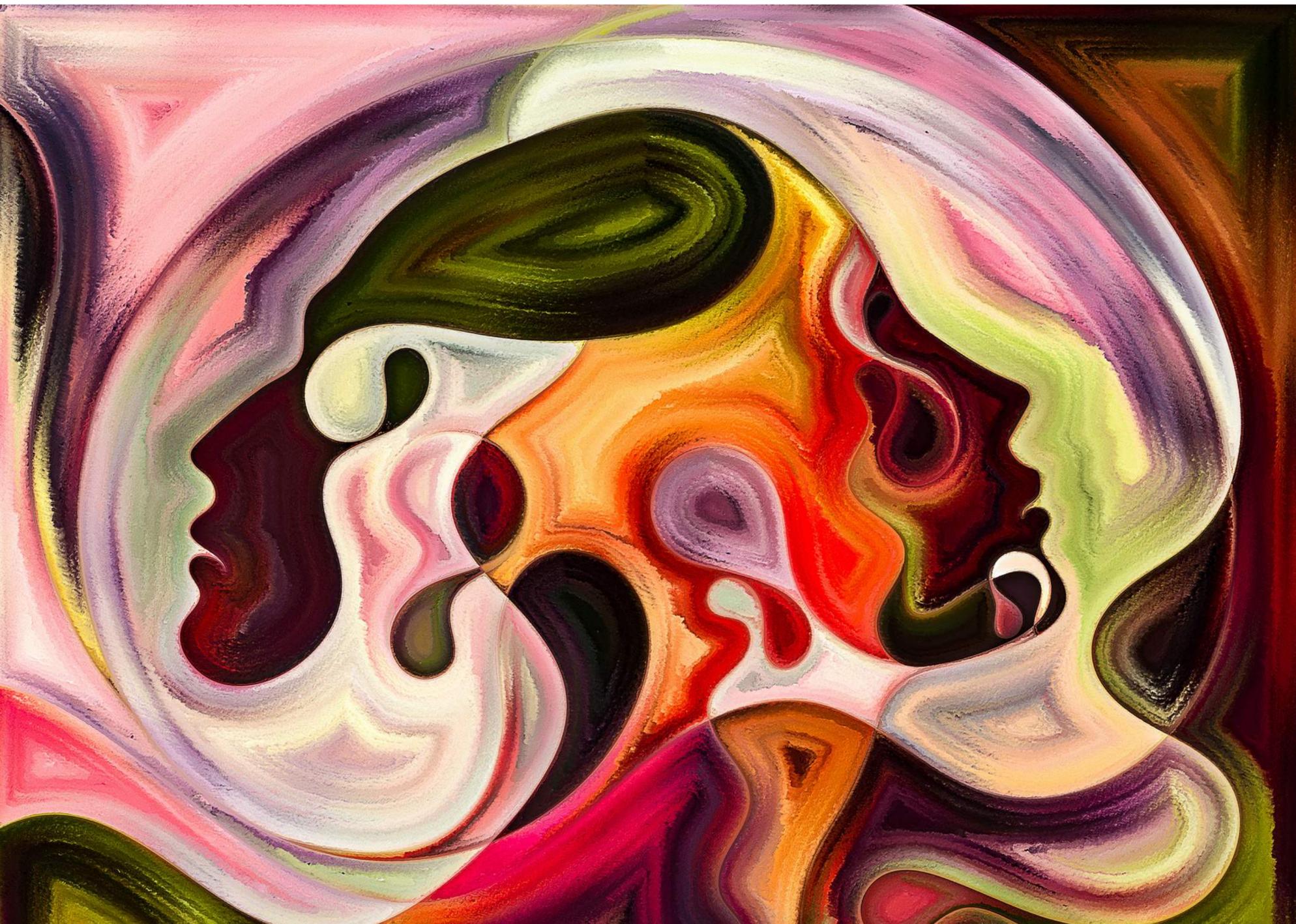
**FLOWERING OF
WORLD HARMONY**

James O'Dea

Introduction

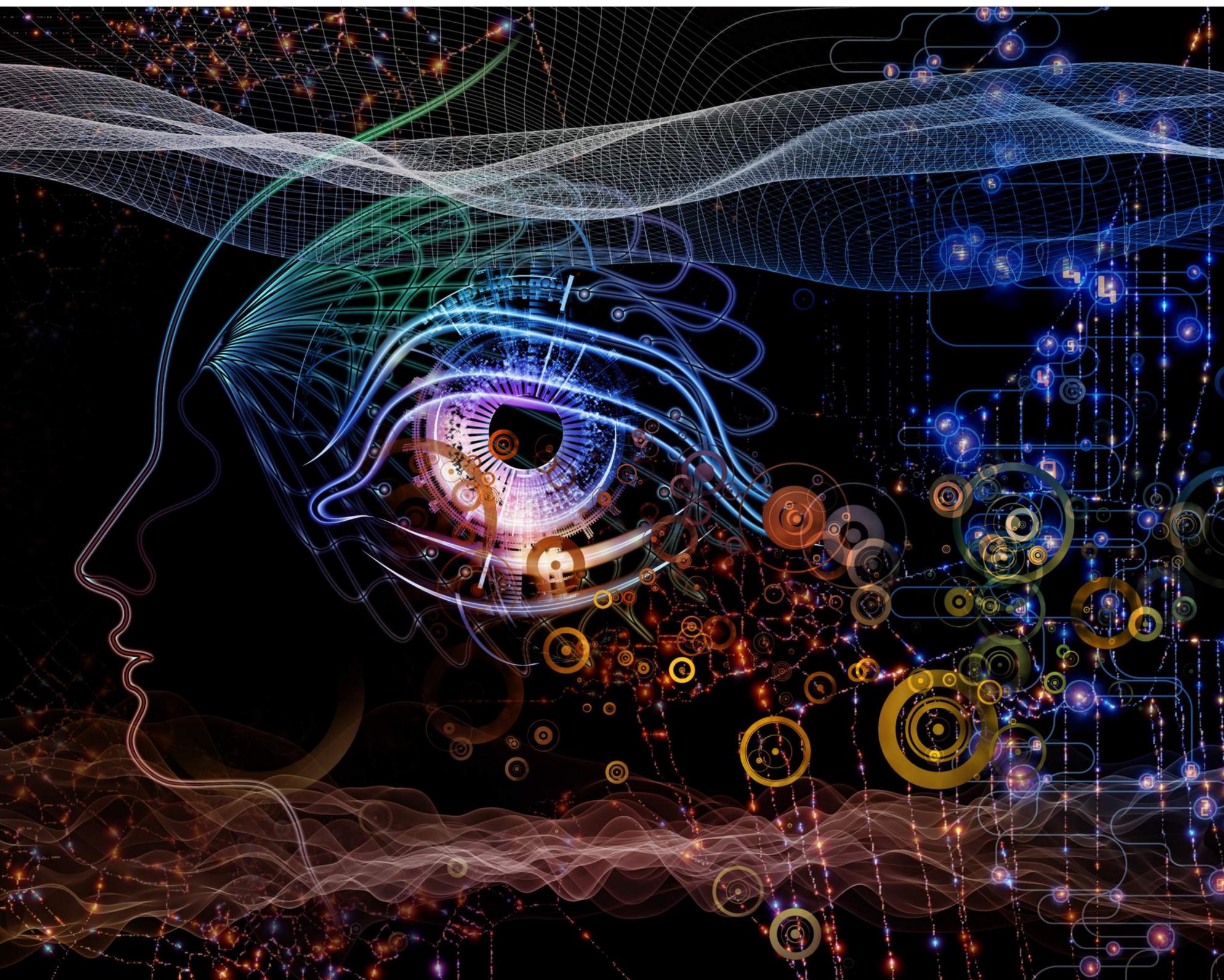
There are vast fields of change emerging in human consciousness amidst global conditions of intense turmoil, systemic breakdown and the ravages of significant climate imbalance. The old centers of meaning which clustered around limited concepts of God and country, ideological constructs of democracy, progress and development are increasingly incoherent. **What is to replace them?**

Evolution seems to be intensifying both the process of individuation and collective resonance in an emerging wholeness that expands both. A new kind of global coherence requires a movement of the center of gravity of meaning from values that no longer represent humanity's highest goals and ideals to values that serve unity and wholeness rather than fragmentation and cultural elitism.



The emerging center of gravity pulls us inward to experience the resources and creativity of consciousness itself. It is a movement that strengthens our intuitive faculties and direct experience of higher reason and deep introspection. **We draw guidance from expanded being rather than frenetic doing.** Our plans become less rigid and more subtly responsive to the information that flows from wider whole systems perspectives.

The Absolute also known as the Godhead or simply God is universally responsive to external world conditions and internal processes within evolving humanity. Great world teachers like Avatar Meher Baba, Sri Aurobindo, Bahá'u'lláh and other realized Masters have prophesied that humanity will undergo a deep transformation and peaceful harmonization---here are seven arenas of practice towards that goal.



1

Contemplate the unity of the essential teachings of the founders of the world's great religious, spiritual movements and mystical traditions.

Appreciate both their diversity and their complementarity and the gift they represent in the inspiration and guidance they have provided to human development throughout the ages. Participate in interfaith and interspiritual dialogue and deepen the focus on global spiritual harmony in your own practice.

2

Celebrate the evolutionary journey of humankind and with it the expansion of human capacities...

...the emergence of growing psychological sophistication, global communication technologies and the many contributions of scientific practice and inquiry in the evolving story of humanity. Explore the collective evolutionary challenges and opportunities that lie ahead for humanity as an optimally thriving whole. How are you growing and evolving and expanding awareness of the stages of evolving consciousness in global transformation?

3

Learn how you, your community, your government can respond urgently and effectively to the multiple threats facing Earth's ecological balance...

...global warming, toxic waste, environmental pollution and species loss? What are the lifestyle changes from diet and consumption patterns to promoting public education that you can participate in and promote? The ecological crisis is planetary in scale and local in its impact. Enormous creativity can be and is being unleashed to tackle problems which powerfully address the climate crisis.

4

Foster a culture of peace by promoting nonviolent communication and conflict resolution, forgiveness, restorative justice...

...peace education in schools, healing the inheritance of racism and all forms of discrimination, and social and economic injustice. Recognize the relationship between cultivating inner peace and peace in the world and the advances we are making towards universal principles of human rights and the full expression of human responsibilities.

5

Shed the light of truth on the shadow aspects of economic greed, environmental destruction, political repression, promotion of false narratives...

...racial and cultural dominance, bigotry and intolerance. Explore the psychological roots of our wounds and unhealed trauma with tools of positive, compassionate engagement and conscious activism and from the perspective of unconditional love and the fundamental unity of all beings.

6

Celebrate the insight emerging from new paradigms in cosmology, dialogue between new science and ancient spiritual wisdom...

...that the primary causal aspect of reality is consciousness, that we are indivisibly interdependent and that we are a part of a vast coherent universal wholeness. There are multiple ways of knowing, communicating with and sharing this Reality which is the basis of all harmony.

7

Play your part in
serving the vision of a
new highly capacitated
humanity:

skillful peacebuilders, creative
ecologists, shamans of cultural
healing, inspired artists and
scientists, advanced intuitives
and passionate servants of
our highest unity and noblest
aspirations.

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