

**Seven Foundational
Practices for the**

**FLOWERING OF
WORLD HARMONY**

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Introduction

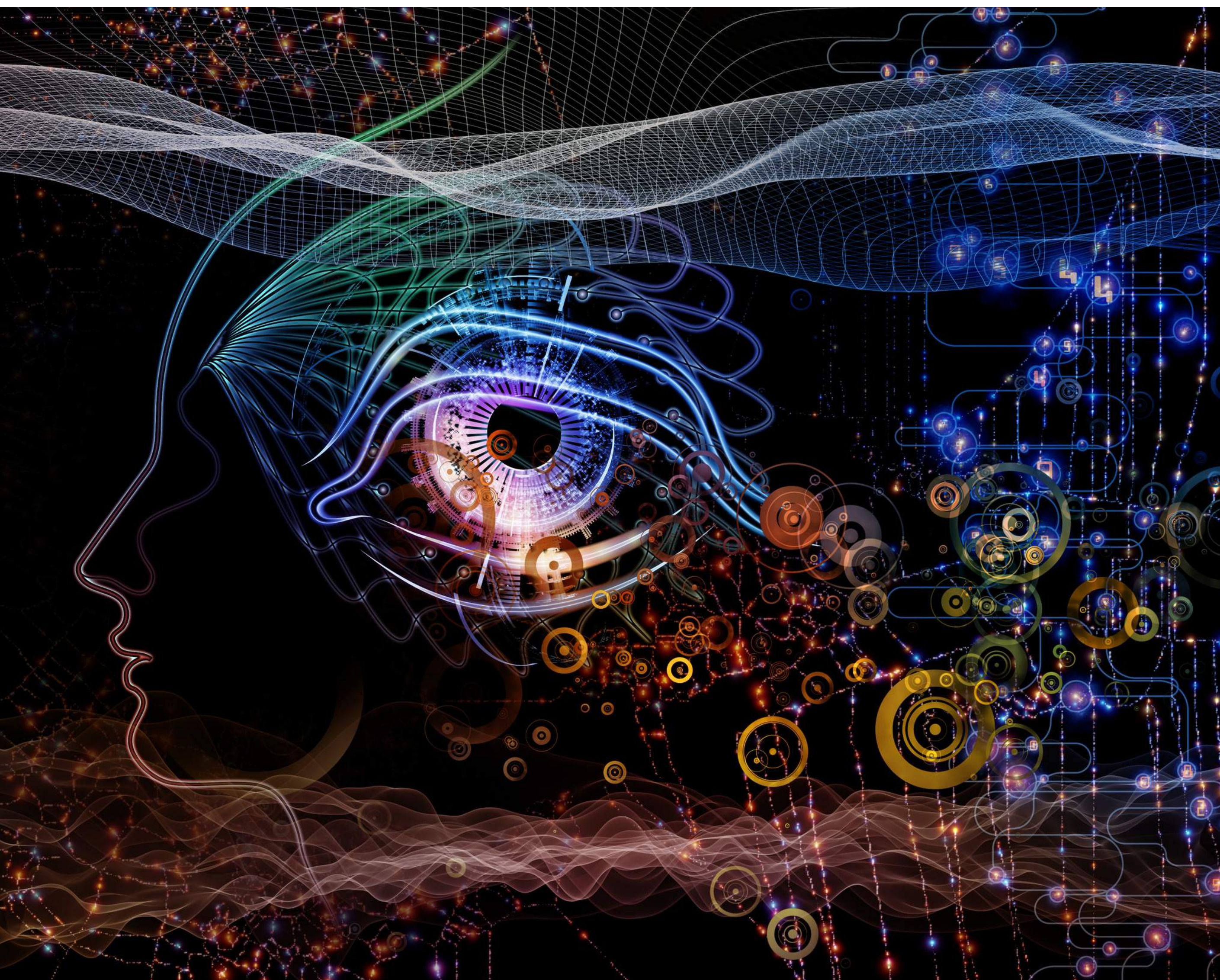
There are vast fields of change emerging in human consciousness amidst global conditions of intense turmoil, systemic breakdown and the ravages of significant climate imbalance. The old centers of meaning which clustered around limited concepts of God and country, ideological constructs of democracy, progress and development are increasingly incoherent. **What is to replace them?**

Evolution seems to be intensifying both the process of individuation and collective resonance in an emerging wholeness that expands both. A new kind of global coherence requires a movement of the center of gravity of meaning from values that no longer represent humanity's highest goals and ideals to values that serve unity and wholeness rather than fragmentation and cultural elitism.



The emerging center of gravity pulls us inward to experience the resources and creativity of consciousness itself. It is a movement that strengthens our intuitive faculties and direct experience of higher reason and deep introspection. **We draw guidance from expanded being rather than frenetic doing.** Our plans become less rigid and more subtly responsive to the information that flows from wider whole systems perspectives.

The Absolute also known as the Godhead or simply God is universally responsive to external world conditions and internal processes within evolving humanity. Great world teachers like Avatar Meher Baba, Sri Aurobindo, Bahá'u'lláh and other realized Masters have prophesied that humanity will undergo a deep transformation and peaceful harmonization---here are seven arenas of practice towards that goal.



1

Contemplate the unity
of the essential
teachings of the
founders of the
world's great religious,
spiritual movements
and mystical
traditions.

Appreciate both their diversity
and their complementarity
and the gift they represent in
the inspiration and guidance
they have provided to human
development throughout the
ages. Participate in interfaith
and interspiritual dialogue and
deepen the focus on global
spiritual harmony in your own
practice.

2

Celebrate the
evolutionary journey
of humankind and
with it the expansion
of human capacities...

...the emergence of growing
psychological sophistication,
global communication
technologies and the many
contributions of scientific
practice and inquiry in the
evolving story of humanity.
Explore the collective
evolutionary challenges and
opportunities that lie ahead
for humanity as an optimally
thriving whole. How are you
growing and evolving and
expanding awareness of the
stages of evolving
consciousness in global
transformation?

3

Learn how you, your community, your government can respond urgently and effectively to the multiple threats facing Earth's ecological balance...

...global warming, toxic waste, environmental pollution and species loss? What are the lifestyle changes from diet and consumption patterns to promoting public education that you can participate in and promote? The ecological crisis is planetary in scale and local in its impact. Enormous creativity can be and is being unleashed to tackle problems which powerfully address the climate crisis.

4

Foster a culture of peace by promoting nonviolent communication and conflict resolution, forgiveness, restorative justice...

...peace education in schools, healing the inheritance of racism and all forms of discrimination, and social and economic injustice. Recognize the relationship between cultivating inner peace and peace in the world and the advances we are making towards universal principles of human rights and the full expression of human responsibilities.

5

Shed the light of truth
on the shadow aspects
of economic greed,
environmental
destruction, political
repression, promotion
of false narratives...

...racial and cultural
dominance, bigotry and
intolerance. Explore the
psychological roots of our
wounds and unhealed trauma
with tools of positive,
compassionate engagement
and conscious activism and
from the perspective of
unconditional love and the
fundamental unity of all
beings.

6

Celebrate the insight
emerging from new
paradigms in
cosmology, dialogue
between new science
and ancient spiritual
wisdom...

...that the primary causal
aspect of reality is
consciousness, that we are
indivisibly interdependent and
that we are a part of a vast
coherent universal wholeness.
There are multiple ways of
knowing, communicating with
and sharing this Reality which
is the basis of all harmony.

Play your part in
serving the vision of a
new highly capacitated
humanity:

skillful peacebuilders, creative
ecologists, shamans of cultural
healing, inspired artists and
scientists, advanced intuitives
and passionate servants of
our highest unity and noblest
aspirations.

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